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00:00:00,000 --> 00:00:06,000

On this edition of Sightings, a mysterious force lashes out at the residents of this house.

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00:00:06,000 --> 00:00:07,000

We've got fresh blood here.

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00:00:07,000 --> 00:00:11,000

In this sightings exclusive, a dangerous spirit makes contact.

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00:00:14,000 --> 00:00:17,000

We cannot, in our own bodies, make that sound.

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00:00:17,000 --> 00:00:19,000

Then, secrets from the Red Empire.

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00:00:19,000 --> 00:00:26,000

The Soviet military called at height 611 a UFO crashed here and now the evidence is analyzed.

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00:00:26,000 --> 00:00:29,000

It could very well be of an extraterrestrial origin.

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00:00:29,000 --> 00:00:32,000

Of course, it may not have been a hoax after all.

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00:00:32,000 --> 00:00:34,000

Witnesses tell us that Nessie lives.

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00:00:34,000 --> 00:00:40,000

All I can say is that I saw a very large creature, living creature for sure.

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00:00:40,000 --> 00:00:45,000

And this boy's mysterious connection with dolphins leads to a miracle.

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00:00:45,000 --> 00:00:46,000

The dolphins just went crazy.

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00:00:46,000 --> 00:00:47,000

It was like he had come home.

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00:00:47,000 --> 00:00:49,000

He was in heaven now.

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00:00:59,000 --> 00:01:21,000

Music

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00:01:21,000 --> 00:01:23,000

Welcome to Sightings.

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00:01:23,000 --> 00:01:24,000

I'm Tim White.

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00:01:24,000 --> 00:01:28,000

Since Sightings went online, your response has been staggering.

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00:01:28,000 --> 00:01:34,000

And no story has generated more email than our series of reports on Heartland Ghost.

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00:01:34,000 --> 00:01:40,000

We heard from skeptics, believers, and many viewers who had good ideas about how to broaden our investigation.

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00:01:40,000 --> 00:01:44,000

So good, in fact, we decided to put them into action when we returned to the house

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00:01:44,000 --> 00:01:47,000

with world-renowned parapsychologist, Kerry Gaynor.

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00:01:48,000 --> 00:01:54,000

For the Midwestern family who lives here, the last two years have been a paranormal nightmare.

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00:01:54,000 --> 00:02:01,000

They've asked us not to reveal their true names, so we're using the pseudonyms Pam, Jeff, and their young son, Donnie.

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00:02:01,000 --> 00:02:09,000

When Sightings first came to document the phenomena here, we were stunned to see long, bleeding welts forming on Jeff's body.

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00:02:09,000 --> 00:02:13,000

He believed it was the work of a child ghost family called Sally.

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00:02:13,000 --> 00:02:15,000

I personally wanted to stop.

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00:02:15,000 --> 00:02:21,000

We contacted parapsychologist Kerry Gaynor, whose groundbreaking investigations of the entity in Polar Geist's cases

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00:02:21,000 --> 00:02:24,000

have made him an undisputed authority in the field.

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00:02:24,000 --> 00:02:33,000

This is the beginning of the research, and a lot more needs to be done in order for me to really feel comfortable that this is a legitimate case.

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00:02:33,000 --> 00:02:41,000

So Sightings returned to the house on two subsequent occasions, and each time the pattern of bloody welts appeared on Jeff.

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00:02:41,000 --> 00:02:52,000

The number one question that friends and relatives that do know of our situation ask, and I'm sure probably everyone at your television viewers ask,

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00:02:52,000 --> 00:03:01,000

is why do you stay here? Why don't you just get out? What holds you there?

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00:03:01,000 --> 00:03:08,000

Curiosity. There needs to be more data so that we can know what exactly this is, what causes it.

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00:03:08,000 --> 00:03:13,000

Why do these things happen to certain people, certain places, certain times?

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00:03:13,000 --> 00:03:20,000

Based on our initial findings, Kerry Gaynor joined the Sightings investigative team on our most recent trip to the Midwest.

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00:03:20,000 --> 00:03:25,000

Tell me about your fear level in the beginning and how you feel now.

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00:03:25,000 --> 00:03:33,000

After viewing hours of videotape shot in the field, Kerry Gaynor sat with Pam and Jeff to develop a

detailed profile of the ghostly activity.

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00:03:33,000 --> 00:03:42,000

We also put in place an arsenal of electronics, oscilloscopes, frequency counters and surveillance cameras that would monitor the house continuously.

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00:03:42,000 --> 00:03:50,000

Much of our equipment was concentrated in the nursery where earlier photographic anomalies had been recorded.

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00:03:50,000 --> 00:03:59,000

Another camera position was at the top of the stairs where, on a previous visit, psychic Peter James had encountered what he felt was a frightening entity.

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00:03:59,000 --> 00:04:07,000

I'm getting a lot of resistance right here at the door, meaning whatever is in the room wants me out.

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00:04:07,000 --> 00:04:13,000

Two cameras were placed in the living room area where many people had experienced strange events.

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00:04:13,000 --> 00:04:19,000

Our pictures on the wall are turned upside down. The vacuum will turn off when we're vacuuming.

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00:04:19,000 --> 00:04:24,000

The TV will come back on after we've turned it off. The stereo will come back on after we've turned it off.

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00:04:24,000 --> 00:04:28,000

My son's musical toys will play for no reason.

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00:04:28,000 --> 00:04:33,000

We were now set to monitor any anomalous activity that might occur inside the house.

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00:04:33,000 --> 00:04:41,000

We turned the family kitchen into a control center. Audio transmitters were placed around the house and separate video recorders assigned to each camera.

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00:04:41,000 --> 00:04:50,000

We also set up a handheld thermal imaging system. Any unusual cold spots would turn the normally red tones of human flesh to blue.

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00:04:50,000 --> 00:04:53,000

During this setup, producer Craig Armstrong had his own encounter.

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00:04:53,000 --> 00:05:01,000

There went right again, right over here. But I get this, I get like a cool right here, right here. It's really weird.

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00:05:01,000 --> 00:05:11,000

Perhaps it was a premonition of things to come, or a result of what Peter James had felt during his psychic investigation when he sensed death and despair.

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00:05:11,000 --> 00:05:20,000

I do feel as we speak that over the years that at least three people died in this house.

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00:05:21,000 --> 00:05:29,000

Our review of town records confirmed Peter James' psychic impressions. Three people did in fact die in the house.

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00:05:29,000 --> 00:05:39,000

One in 1872, another in 1900, the last in 1918. We unearthed their death records on the eve of our all night vigil.

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00:05:39,000 --> 00:05:45,000

Kerry Gaynor asked that his investigation continue by low level lamp light.

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00:05:45,000 --> 00:05:51,000

Alright, why don't you make a request, anything that comes to your mind?

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00:05:51,000 --> 00:05:59,000

Sound like you did this for me, please? I'd like for you to show them that you're really here.

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00:05:59,000 --> 00:06:06,000

No one in the room heard a response, but our videotape recorded a chilling sound.

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00:06:07,000 --> 00:06:18,000

We've asked two independent experts to analyze the sound and determine its possible origin.

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00:06:22,000 --> 00:06:27,000

We'll bring you the complete report on their findings later in this program.

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00:06:27,000 --> 00:06:29,000

Talk about not having much longer.

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00:06:30,000 --> 00:06:36,000

During the time that the strange sound was being recorded, only one of two oil lamps began to flicker.

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00:06:36,000 --> 00:06:41,000

Although the wick was trimmed, the windows were closed and the air was still.

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00:06:41,000 --> 00:06:45,000

Then, a few minutes later, Jeff felt a bizarre chill in front of him.

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00:06:54,000 --> 00:06:56,000

Yeah, we've got a new scratch.

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00:06:59,000 --> 00:07:04,000

Yeah, we've got fresh blood here. This wasn't here two minutes ago.

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00:07:04,000 --> 00:07:10,000

It was just one of many scratches that appeared periodically throughout a night of bizarre events.

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00:07:10,000 --> 00:07:16,000

When Pam walked in a specific area at the top of the stairs where many had felt a menacing presence,

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00:07:16,000 --> 00:07:23,000

our frequency counter suddenly and inexplicably jumped from 399 to 575 megahertz.

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00:07:23,000 --> 00:07:29,000

Earlier in the day, in the same area, one of our surveillance cameras picked up large amounts of interference,

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00:07:29,000 --> 00:07:38,000

seen here in slow motion. But this camera was on a closed circuit and it would be impossible for it to pick up electrical interference.

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00:07:38,000 --> 00:07:44,000

And in the nursery, video signals seemed to drift and then disappear entirely,

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00:07:44,000 --> 00:07:48,000

although there was no break in electrical power or the video cable.

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00:07:48,000 --> 00:07:52,000

After a few moments, the signal returned to normal.

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00:07:54,000 --> 00:07:59,000

The next morning, a sense of calm returned to the house.

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00:07:59,000 --> 00:08:07,000

But for paranormal investigator, Carrie Gaynor, it had been an unforgettable night filled with unexplained events.

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00:08:07,000 --> 00:08:12,000

Yesterday and last evening, I spent about 14 straight hours here investigating this case.

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00:08:12,000 --> 00:08:18,000

During that time, Jeff was attacked 11 separate times.

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00:08:18,000 --> 00:08:22,000

There were 11 separate instances of scratch marks on his body.

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00:08:22,000 --> 00:08:29,000

Some of the scratches were very thin and some were very thick, welt-like scratches that were really quite frightening.

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00:08:29,000 --> 00:08:36,000

Now, I was sitting here, he was sitting here, he was within a foot or two of me,

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00:08:36,000 --> 00:08:40,000

and I had him under my supervision at all times.

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00:08:40,000 --> 00:08:47,000

If he got up and walked away when he came back, I asked him to take off his shirt so that I could examine what marks were there

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00:08:47,000 --> 00:08:50,000

to make sure there was no trickery involved.

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00:08:50,000 --> 00:08:58,000

During the last 20 years, I've investigated about 850 cases and during that time, I have never come across anything like this.

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00:08:58,000 --> 00:09:03,000

I think we've got something very interesting and very exciting here and really potentially dangerous.

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00:09:03,000 --> 00:09:08,000

Coming up, is this the sound of a dangerous entity communicating?

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00:09:08,000 --> 00:09:11,000

I've never heard anything quite like it.

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00:09:11,000 --> 00:09:14,000

Our startling discovery is analyzed next.

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00:09:15,000 --> 00:09:24,000

During our most recent investigation into the Heartland Ghost, we heard this.

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00:09:24,000 --> 00:09:27,000

I'd like for you to show them that you're really here.

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00:09:31,000 --> 00:09:39,000

That anomalous low-level noise wasn't heard in the field by producer Craig Armstrong or any other member of our crew,

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00:09:39,000 --> 00:09:45,000

but back in our sightings offices in the midst of an edit session, Armstrong and editor Mark Quinn Anderson

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00:09:45,000 --> 00:09:49,000

heard the ghostly sounds that seemed to come in response to Jeff's plea.

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00:09:57,000 --> 00:10:01,000

We immediately took copies of the suspect tape to two diverse audio experts.

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00:10:01,000 --> 00:10:09,000

Rick Wilson, president of DigiSonic, is a forensic audio specialist who works routinely with the CIA and FBI

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00:10:09,000 --> 00:10:13,000

and has also analyzed black box recordings for the FAA.

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00:10:20,000 --> 00:10:27,000

We looked for a lot of the characteristics that would immediately identify it as a definitely mechanical sound,

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00:10:27,000 --> 00:10:30,000

as a definitely electronic sound, and those were ruled out.

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00:10:30,000 --> 00:10:35,000

See, one thing that makes this sound interesting and eliminates a lot of possibilities right off the bat

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00:10:35,000 --> 00:10:38,000

is that above about 500 hertz, there's nothing there.

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00:10:38,000 --> 00:10:44,000

There's nothing in this sound. There's a lot of background noise, but that's constant before and after the sound.

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00:10:44,000 --> 00:10:48,000

But when this sound comes in, it's all low frequency, and that's it.

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00:10:48,000 --> 00:10:52,000

And we cannot, in our own bodies, make that sound.

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00:10:52,000 --> 00:10:57,000

If the sound is not natural, could it be supernatural?

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00:10:57,000 --> 00:11:02,000

For an answer, we turn to electronic voice phenomena authority Sarah Eastep.

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00:11:06,000 --> 00:11:14,000

I've been taping for 18 years, and I've investigated a number of haunted homes, houses, properties, locations,

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00:11:14,000 --> 00:11:17,000

and I've never heard anything quite like it.

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00:11:20,000 --> 00:11:25,000

It sounds more like an energy sound, perhaps put out by the other side.

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00:11:26,000 --> 00:11:33,000

It's interesting that it came right after Jeff asked them to ask Sally to please let them know that she was here.

112

00:11:33,000 --> 00:11:42,000

And then this low rumbling sound started and built up in volume, an energy sound that perhaps they produced at his request.

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00:11:42,000 --> 00:11:44,000

Very, very interesting.

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00:11:44,000 --> 00:11:49,000

Is it a ghost? I really have absolutely no way of knowing. I really don't.

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00:11:49,000 --> 00:11:57,000

My best bet is that it's something magnetic, and how that magnetism was introduced is anybody's guess.

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00:11:57,000 --> 00:12:00,000

I'd like for you to show them that you're really here.

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00:12:05,000 --> 00:12:09,000

Many people have asked, why doesn't the family simply move out?

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00:12:09,000 --> 00:12:11,000

And in fact, they will be moving as soon as possible.

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00:12:11,000 --> 00:12:16,000

Sightings will continue to keep in touch with the family to see if the haunting activity follows them,

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00:12:16,000 --> 00:12:18,000

or if it remains in the house.

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00:12:19,000 --> 00:12:26,000

Next, is it all a lie? A new high-tech investigation and terrified eyewitnesses tell us that Nessie lives.

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00:12:26,000 --> 00:12:29,000

They were shocked, Bridget. Totally shocked.

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00:12:33,000 --> 00:12:38,000

Drum the Drocket on the shores of Loch Ness is the town a monster built.

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00:12:38,000 --> 00:12:45,000

Since the 1930s, thousands of biologists, zoologists and tourists have flocked to the Scottish

Highlands in search of Nessie,

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00:12:45,000 --> 00:12:47,000

the Loch Ness monster.

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00:12:47,000 --> 00:12:54,000

But recent revelations about hoaxed photographs and phony reports are putting a serious dent in Monster Mania.

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00:12:57,000 --> 00:13:01,000

Suddenly I saw this colossal great hump, about 60 or 70 feet long.

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00:13:01,000 --> 00:13:07,000

It looked black against the water, you know, and it was going fast against the wind.

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00:13:07,000 --> 00:13:13,000

All I can say is that I saw a very large creature, living creature, for sure.

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00:13:14,000 --> 00:13:18,000

I'm convinced there's something. What is it? I don't know, but there's something definite in the hole.

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00:13:18,000 --> 00:13:21,000

That's big. That's moving. That's alive.

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00:13:23,000 --> 00:13:30,000

Scores of once skeptical eyewitnesses now believe that there is a lake monster hiding in Loch Ness.

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00:13:30,000 --> 00:13:33,000

And the Loch can hide its secrets well.

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00:13:33,000 --> 00:13:38,000

900 feet deep, 23 miles long and one mile wide,

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00:13:38,000 --> 00:13:44,000

it's been estimated that there is enough water in this lake to submerge the entire population of the earth,

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00:13:44,000 --> 00:13:47,000

all five billion of us, three times over.

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00:13:47,000 --> 00:13:52,000

That's certainly enough water to hide a small population of unknown aquatic predators.

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00:13:52,000 --> 00:13:56,000

The thing turned and came streaking across straight towards me.

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00:13:56,000 --> 00:14:02,000

I was looking from here across the castle and it came straight towards me, very fast, from the far side of the Loch.

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00:14:02,000 --> 00:14:06,000

But there was no head and neck showing then. There was just this great hump.

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00:14:06,000 --> 00:14:10,000

The hysteria over the Loch Ness monster really took off in the 1930s,

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00:14:10,000 --> 00:14:14,000

when a spate of photographs and films captured the world's imagination.

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00:14:14,000 --> 00:14:21,000

Here is the most unusual film of recent years, but it proves the existence of a monster in Loch Ness.

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00:14:22,000 --> 00:14:27,000

Taken in 1934, this is the world's most famous photograph of Nessie.

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00:14:27,000 --> 00:14:34,000

Called the Surgeon's Photo, it has colored our perception of what the monster looks like for more than 60 years.

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00:14:34,000 --> 00:14:41,000

But a recent in-depth investigation by Alistair Boyd has turned up compelling evidence that this photo is a fake.

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00:14:41,000 --> 00:14:46,000

People have pinned their faith on that photograph. They believe in Nessie because of that photograph,

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00:14:46,000 --> 00:14:53,000

which is a very dangerous thing to do, because all that is is a little image on a piece of paper or on a negative,

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00:14:53,000 --> 00:15:00,000

and at the end of the day, that is all it is. And in fact, it's a model built on a Clockwork toy submarine.

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00:15:00,000 --> 00:15:02,000

There isn't any doubt about that.

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00:15:03,000 --> 00:15:08,000

The one-foot-high monster was made of plastic wood and set atop a toy submarine.

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00:15:08,000 --> 00:15:12,000

But one hoax does not explain away hundreds of other credible sightings.

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00:15:12,000 --> 00:15:20,000

Even after many crop circles were exposed as fakes, there remains extensive documentation that not every one of them is man-made.

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00:15:20,000 --> 00:15:25,000

It's the same at Loch Ness. Some things just cannot be explained away.

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00:15:25,000 --> 00:15:30,000

Naturalist Adrian Shine has been studying the Loch for the last 20 years.

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00:15:30,000 --> 00:15:37,000

The 1980s were rarely the time for sonar. The classic photographs had already been dismissed.

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00:15:37,000 --> 00:15:48,000

The underwater pictures were controversial. Sonar was the one area in which it seemed that you could get reproducible, unusual results.

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00:15:48,000 --> 00:15:55,000

And we believe that sonar has revealed some unusual objects in the water column, but the argument is about what they are.

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00:15:56,000 --> 00:16:00,000

A submarine is the newest addition to the Loch Ness research effort.

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00:16:00,000 --> 00:16:08,000

Captain Alan Whitfield has experienced some mysterious contacts deep under the murky, peat-stained waters of the Loch.

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00:16:08,000 --> 00:16:15,000

In July of 1994, a cruise ship above Whitfield's submarine picked up an unusual image on its sonar.

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00:16:15,000 --> 00:16:23,000

It appeared to be a very large object moving deliberately through the water, shadowing the submarine.

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00:16:24,000 --> 00:16:27,000

Two targets came up on the screen. One, obviously, the submarine.

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00:16:27,000 --> 00:16:35,000

A hard target at a depth of about 450 feet. The second target was quite large, according to the captain, possibly as big as a submarine.

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00:16:35,000 --> 00:16:44,000

This was definitely a substantial echo. When we saw the large object below the submarine, we immediately contacted the submarine control.

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00:16:44,000 --> 00:16:50,000

Now, when asked were we towing anything, were we flying anything, we said no, we'd do nothing that we didn't normally do.

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00:16:51,000 --> 00:16:53,000

So obviously something was out there.

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00:16:54,000 --> 00:16:59,000

The question now is not if, but what is roaming the vast blindness of Loch Ness?

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00:16:59,000 --> 00:17:04,000

And ironically, revelations about hoaxes have helped rather than hindered serious investigation.

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00:17:04,000 --> 00:17:12,000

The searcher's photograph, when it was revealed to be a hoax, it got rid of a lot of dead wood, it got rid of a wild card.

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00:17:12,000 --> 00:17:18,000

There's never been a sighting like that since. And before, for that matter, the head and the neck doesn't exist.

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00:17:18,000 --> 00:17:27,000

So now we can concentrate on what we feel are the right sightings, the humpback. This is what's come forward so many times.

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00:17:27,000 --> 00:17:40,000

Alistair Boyd has revealed many messy photographs to be hoaxes, but he's not only a debunker, his intense interest in the subject is the result of his own life-changing encounter at Loch Ness.

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00:17:40,000 --> 00:17:46,000

There was a large body clearly in the middle of these flippers, there was a kind of a sort of vortex effect following it.

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00:17:46,000 --> 00:17:53,000

As it went round, I mean I thought that's probably that, and then this huge hump came out of the water.

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00:17:53,000 --> 00:17:59,000

It was rolling forward as it came out. It was like a whale, it was black.

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00:17:59,000 --> 00:18:09,000

You could see the water running off its back as it came out. When it actually stabilised, there was no less than 20 feet of it actually sitting there still.

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00:18:09,000 --> 00:18:18,000

You know, for several seconds it was just sitting there. All I can say is that I saw a very large creature, living creature for sure.

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00:18:18,000 --> 00:18:25,000

Certainly not a boatwake, certainly not a log, certainly not an otter, certainly not birds or anything else that I've ever seen here.

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00:18:25,000 --> 00:18:30,000

Sightings travelled to the far side of the Loch, to the small town of Doors.

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00:18:30,000 --> 00:18:40,000

Like Drumna Dracot, the locals here believe that there is something in the Loch, but unlike the tourists centre to the west, people indoors keep their sightings to themselves.

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00:18:40,000 --> 00:18:46,000

You won't find souvenir shops here, but you will hear about Nessie if you know who to ask.

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00:18:46,000 --> 00:18:51,000

In 1993, fisherman Roland O'Brien saw something amazing.

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00:18:51,000 --> 00:19:03,000

It was a large, dark hump, possibly about 80-10 feet long, about 4 feet out of the water. It was dark in colour and there was no head or neck, I couldn't see anything like that at all.

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00:19:03,000 --> 00:19:10,000

In the middle of the body, there was a splashing commotion at the side of it this time, not in the front of it.

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00:19:10,000 --> 00:19:14,000

I don't honestly know what that was, it could have been a flipper.

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00:19:14,000 --> 00:19:24,000

Then proceeded to about, within about 250 yards from the shore, whereupon it just sank again, no commotion at all, just sank completely out of sight.

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00:19:24,000 --> 00:19:28,000

And basically I was shocked, rigid, totally shocked.

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00:19:28,000 --> 00:19:34,000

The many credible eyewitness accounts stand as the only reliable proof of Nessie's existence.

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00:19:34,000 --> 00:19:40,000

After compiling the characteristics common to those sightings, we can build this profile of the Loch Ness Monster.

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00:19:40,000 --> 00:19:47,000

The sightings are of a large hump, no head or neck. The creature can move swiftly against the tide.

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00:19:47,000 --> 00:19:57,000

There are fins at its side. It is black and resembles a whale. When it submerges, it goes straight down, without a ripple, and it is huge.

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00:19:57,000 --> 00:20:07,000

60 years have gone by and what do we actually know? Very little, very little. Everybody has theories, but to my mind, there are too many theories at Loch Ness and not enough people out here watching.

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00:20:07,000 --> 00:20:15,000

If everybody who has ever put forward a theory on the identity of the Loch Ness Monster actually had put in 1000 hours watching, there wouldn't be a mystery.

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00:20:15,000 --> 00:20:19,000

Where are all the scientists who once considered Loch Ness their second home?

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00:20:19,000 --> 00:20:23,000

Well, many of them are now concentrating on a more promising lake creature called Champ.

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00:20:23,000 --> 00:20:29,000

Champ is Nessie's North American cousin and is thought to inhabit the deep waters of Lake Champlain.

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00:20:29,000 --> 00:20:35,000

It's been a mystery since 1986, but now there are answers.

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00:20:35,000 --> 00:20:40,000

It could very well be physical evidence of an extraterrestrial origin.

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00:20:40,000 --> 00:20:44,000

And later, a little boy's special bond with dolphins leads to a miracle.

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00:20:48,000 --> 00:20:53,000

An alien craft hurtling through space at a million miles an hour crashes to Earth.

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00:20:53,000 --> 00:21:00,000

Debris is scattered over a desolate landscape. The military moves in and retrieves the evidence, covering up their tracks.

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00:21:00,000 --> 00:21:09,000

But this isn't a story about Roswell, New Mexico. It's a remote place called Height 611 in eastern Siberia, and sightings is there to investigate.

204

00:21:09,000 --> 00:21:22,000

Many UFO sightings have occurred in clusters called FLAPS, and ufologists charge that military bases are the object of alien reconnaissance, especially bases where nuclear weapons are stored.

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00:21:23,000 --> 00:21:29,000

In recent years, sightings have occurred near military installations in New Mexico, Nevada, and Florida.

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00:21:29,000 --> 00:21:41,000

The US military base in Bentwaters, England, a nuclear repository for NATO, was the site of a series of UFO sightings and power outages over several days in late December 1980.

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00:21:41,000 --> 00:21:44,000

We are now learning these encounters are not limited to the West.

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00:21:44,000 --> 00:21:56,000

A series of sightings over the Siberian cities of Vladivostok and Dolnikovsk have some convinced that extraterrestrial spies are surreptitiously observing military installations in the former Soviet Union.

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00:21:56,000 --> 00:22:02,000

Vladivostok is home to the Russian fleet, including nuclear-powered submarines.

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00:22:02,000 --> 00:22:10,000

It is a place where UFOs are sighted very frequently, and where similar phenomenon occur.

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00:22:10,000 --> 00:22:20,000

Alexander Rempel is president of the Vladivostok Association of Ufologists. An engineer and former military officer, Rempel has amassed a catalog of local sightings.

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00:22:20,000 --> 00:22:31,000

This is a panoramic view of Vladivostok. In broad daylight, people suddenly saw a bright flash up in the sky, and this glowing sphere rose up.

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00:22:31,000 --> 00:22:35,000

One passerby had a camera and shot this object.

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00:22:35,000 --> 00:22:43,000

This photograph of what appears to be a strange three-toed footprint was shot near a Vladivostok military installation.

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00:22:43,000 --> 00:22:56,000

The traces left by these unusual beings are found at the sites of well-guarded military units. This is where radioactive waste from Russia is kept.

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00:22:57,000 --> 00:23:05,000

A few miles away from Vladivostok, near the small mining town of Dolnikovsk, a UFO crashed on this hilltop in 1986.

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00:23:05,000 --> 00:23:16,000

The site, known only by its height, height 611, is littered with strange debris and is considered to be one of the most significant UFO locations in all of Russia.

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00:23:16,000 --> 00:23:22,000

The sphere was red, it was flying straight, and then sharply fell down.

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00:23:23,000 --> 00:23:29,000

I saw a fire balloon fly from this side and fall there on this knoll.

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00:23:29,000 --> 00:23:34,000

After that, a fire started. It burned for one hour.

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00:23:34,000 --> 00:23:42,000

The first person to reach this scene was biologist and Academy of Sciences meteorite commission member Valery Dujili.

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00:23:42,000 --> 00:23:51,000

Something was burning. This could have been a meteorite, but meteorites do not cause fires. When I climbed up to this place, the snow was deep.

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00:23:51,000 --> 00:23:57,000

There I saw a place which left a great impression on me. There was no snow, it just evaporated.

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00:23:57,000 --> 00:24:02,000

I saw the remains of a burnt tree and the remains of metallic spheres.

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00:24:03,000 --> 00:24:11,000

Samples of charred metal gathered at the site attracted nationwide attention. Analysis was done by Russia's most prestigious academies.

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00:24:11,000 --> 00:24:17,000

Whatever remained at the site itself had such unusual properties.

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00:24:17,000 --> 00:24:25,000

Paul Stonehill, head of the Russian Ufology Research Center, headquartered in the United States, has examined many of the samples from height 611.

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00:24:25,000 --> 00:24:31,000

The mesh itself had something very strange, very unusual. Tiny filaments.

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00:24:31,000 --> 00:24:44,000

And inside those filaments, quartz filaments, one could find yet other filaments or nettings, gold nettings, 7 microns thick.

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00:24:44,000 --> 00:24:47,000

I mean, a human hair is 56 microns.

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00:24:47,000 --> 00:24:59,000

Now, we have no technology to insert gold filaments of that size into quartz filaments. What they could be used for remains an enigma.

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00:24:59,000 --> 00:25:05,000

It's an enigma that continues to draw serious attention from Russia's top scientific researchers.

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00:25:05,000 --> 00:25:11,000

Their Academy of Sciences has an ongoing public study of UFOs since the 1970s.

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00:25:11,000 --> 00:25:20,000

George Knapp is an investigative journalist. He is frustrated by the seeming lack of interest in UFOs by American academics.

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00:25:20,000 --> 00:25:26,000

Here are the people like Carl Sagan say, you can't study UFOs. There's nothing to study. There's no physical evidence.

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00:25:26,000 --> 00:25:28,000

Well, that's baloney and the Russians are proving that.

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00:25:28,000 --> 00:25:36,000

Their Academy of Sciences, the most respected scientific organization in that nation, has been studying it for decades.

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00:25:36,000 --> 00:25:40,000

They do what scientists are supposed to do. They take samples. They conduct experiments.

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00:25:40,000 --> 00:25:45,000

They dig in the soil. They check for radiation. And they've come up with some fairly amazing results.

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00:25:45,000 --> 00:25:51,000

In the case of samples collected by scientists at Height 611, the results are startling.

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00:25:51,000 --> 00:25:56,000

It could very well be physical evidence of an extraterrestrial origin.

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00:25:56,000 --> 00:26:01,000

That was the conclusion of the initial scientific team that went to the site.

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00:26:01,000 --> 00:26:05,000

There were strange alloys in there that couldn't be readily identified.

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00:26:05,000 --> 00:26:12,000

Rare earth metals in combinations that have never been seen of natural origin.

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00:26:12,000 --> 00:26:19,000

Here we can see the results of our tests. The sample contains elements such as lentium, nickel and some others.

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00:26:19,000 --> 00:26:27,000

But most importantly, it contains the elements primithium. The element primithium is artificial. It cannot be found on the earth.

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00:26:28,000 --> 00:26:41,000

Human subject testing also took place. In a controlled study, physicians and medical researchers examined those who had worked at Height 611 in the days following the UFO incident.

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00:26:41,000 --> 00:26:54,000

Samples of blood, blood pressure and pulse were taken. For the group that went to the top of Height 611, the number of red blood cells, the differential blood count was altered.

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00:26:54,000 --> 00:27:03,000

And the amount of elements in the blood rose. In the meantime, the control group's blood tests stayed normal.

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00:27:03,000 --> 00:27:13,000

I believe that either alien machinery or a spaceship fell down and crashed. I think that otherwise it cannot be explained.

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00:27:13,000 --> 00:27:25,000

Doctors and researchers inside Russia continue their investigation, while a handful of American experts are still having difficulty convincing our own scientists of the importance of Height 611.

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00:27:25,000 --> 00:27:40,000

Height 611 is extremely important to pay attention to. I'm glad that somebody actually went to that Height 611 and brought out the information, because the heights we could reach with that information are still unknown to us.

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00:27:41,000 --> 00:27:54,000

Our crew returned with this microscopic metal fragment, entrusted to us by our Russian contacts. Analysis of this crucial bit of evidence will take many months. We'll bring you the results of our findings on a future episode.

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00:27:54,000 --> 00:28:00,000

Next, an unusual connection between a dolphin and a little boy brings about a medical miracle.

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00:28:00,000 --> 00:28:05,000

They were like soulmates. They bonded and they just connected.

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00:28:05,000 --> 00:28:21,000

As recently as 20 years ago, children with Down syndrome were considered hopeless cases. Doctors routinely recommended that the children be placed in institutions so their parents could get on

with their lives.

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00:28:21,000 --> 00:28:34,000

Today, parents of Down syndrome children are getting on with their lives by keeping their children at home and exploring alternative therapies. In one unique program, they're getting astonishing results.

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00:28:35,000 --> 00:28:51,000

They are an unlikely breed of therapist. Dolphins who swim freely yet seek out the company of humans, especially humans in need. No one knows why a unique bond exists between people and these aquatic mammals, but it's there and its effect is measurable.

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00:28:51,000 --> 00:28:58,000

I think the reason that dolphins are interested in human beings is because they're very intelligent and there's a real sensitivity that they seem to have.

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00:28:58,000 --> 00:29:07,000

Dr. David Nathanson is a psychologist who has found that dolphin assisted therapy is a powerful tool for teaching urologically impaired children.

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00:29:07,000 --> 00:29:17,000

About 15 years ago, I was very interested in taking a look at doing some research with animals and children because I've worked with disabled kids for about 30 years.

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00:29:17,000 --> 00:29:28,000

And there are three things that they seem to be most interested in, animals, music and water. Animal assisted therapy generally, if it's done properly by experienced people with gentle animals, is very effective.

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00:29:28,000 --> 00:29:40,000

But dolphins are especially helpful because the additional dimension of being in warm water and the fact that the dolphins are so intelligent and sensitive makes it almost kind of the optimum environment for healing.

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00:29:40,000 --> 00:29:47,000

Kathy Anderson already had two children, Mia and Andrea, when her son, Dean Paul, was born.

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00:29:47,000 --> 00:29:57,000

When Dean Paul was first born, the feelings were very mixed. I knew immediately as soon as I held him that he had Down syndrome.

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00:29:57,000 --> 00:30:04,000

It was kind of a scary feeling, but then I also knew that somehow, some way, everything was really going to be alright.

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00:30:04,000 --> 00:30:14,000

He went like a normal baby, he cried, but he didn't, that's about it. He didn't make any noise,

just kind of laid there. He was more like a doll than anything else.

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00:30:14,000 --> 00:30:26,000

Down syndrome is a congenital disorder in which there is an extra chromosome present in each cell of the body. The condition causes toxins to build up between the brain and the skull.

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00:30:26,000 --> 00:30:29,000

As a result, the brain cannot grow to full size.

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00:30:29,000 --> 00:30:36,000

Most kids with Down syndrome are in the moderate range of mental retardation, some are in the mild range, some are in the severe range.

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00:30:36,000 --> 00:30:45,000

When Dean Paul was first born, the doctors said that he would be a vegetable, and that was the word they used. He would not have thought processes.

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00:30:45,000 --> 00:30:52,000

If we were lucky, he would eventually walk and be able to dress himself and maybe be able to feed himself.

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00:30:53,000 --> 00:30:58,000

Kathy refused to accept the dismal prognosis offered by Dean Paul's doctors.

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00:30:58,000 --> 00:31:05,000

The whole family worked tirelessly to try and motivate Dean Paul's progress using traditional therapy techniques.

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00:31:05,000 --> 00:31:13,000

But even after two and a half years, it seemed that it would take nothing short of a miracle to elicit even one word from the struggling toddler.

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00:31:13,000 --> 00:31:21,000

Then Kathy Anderson found her miracle, gracefully swimming circles in the dolphin tank at the local zoo.

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00:31:21,000 --> 00:31:27,000

Our first visit to the Oklahoma City Zoo was when Dean Paul was two and a half years old.

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00:31:27,000 --> 00:31:36,000

We went to the zoo because they had just opened their Aquaticus show and since I loved dolphins, I was going to go see it and he was going with us.

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00:31:36,000 --> 00:31:45,000

We got into the dolphin show and he sat up straight, his eyes flew open and his mouth just gaped and he didn't take his eyes off the dolphins.

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00:31:45,000 --> 00:31:50,000

I was amazed he had never paid that much attention to anything and for that long a period of time.

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00:31:50,000 --> 00:32:00,000

He went up after the show when they were feeding the dolphins and there was a lot of other little kids there but he just stood and just stared at the dolphins and they came right to him.

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00:32:00,000 --> 00:32:07,000

They didn't get us their food or they wanted to play with Dean Paul and they were talking to him and just splashing him.

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00:32:07,000 --> 00:32:09,000

I remember the smile he got on his face.

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00:32:10,000 --> 00:32:19,000

It was a breakthrough moment that would eventually lead Kathy and Dean Paul to Dr. Nathanson and his dolphin project in Miami, Florida.

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00:32:19,000 --> 00:32:34,000

Dr. Nathanson told me at the time that we chocked on the phone that he was seeing sometimes as much as 10 times the learning abilities and speed with the children that he worked with.

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00:32:34,000 --> 00:32:45,000

And he was seeing great strides with kids with Down syndrome in their communications and speech development which of course Dean Paul was really behind in.

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00:32:45,000 --> 00:32:55,000

With just a glimmer of hope that Dean Paul might benefit from dolphin therapy the way other children with Down syndrome had, the Andersons left for Florida.

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00:32:55,000 --> 00:32:57,000

There were two problems with Dean Paul.

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00:32:57,000 --> 00:33:05,000

One was that he was pretty withdrawn and the second is that his language was severely delayed.

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00:33:05,000 --> 00:33:10,000

In Dean Paul's case he loved the water and he loved working with the dolphins.

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00:33:10,000 --> 00:33:24,000

I wouldn't let Dean Paul interact the way he went to unless he tried much harder so he was highly motivated, he paid attention beautifully and as a result his language started to improve, his confidence started to improve and he got to go in the water a lot more.

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00:33:24,000 --> 00:33:26,000

And this was very important to him.

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00:33:26,000 --> 00:33:36,000

The first time Dean Paul had therapy the dolphins just went crazy. They just were jumping and screeching and yelling at him. It was like he had come home. He was in heaven now.

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00:33:36,000 --> 00:33:43,000

What was it about Dean Paul that drew the dolphins to him and allowed him to utter his very first sounds?

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00:33:43,000 --> 00:33:51,000

Within less than 20 minutes he was working with the dolphins and just having a great time at it he became immediately more verbal.

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00:33:51,000 --> 00:33:59,000

The vocalizations of any sound were welcome. I knew he had the capability of sound. Now he was using it and he was using it for communication.

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00:33:59,000 --> 00:34:07,000

In the months that followed Dean Paul literally came alive. The dolphins were succeeding where science had largely failed.

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00:34:07,000 --> 00:34:14,000

The little boy who couldn't talk or run or swim disappeared and the real Dean Paul was emerging.

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00:34:14,000 --> 00:34:26,000

He showed him picture boards and then he was to make an attempt to identify the picture. If he identified it correctly then he could give a signal to the dolphins or have a swim.

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00:34:26,000 --> 00:34:37,000

He progressed so rapidly that soon he was in the water doing his picture boards from the water and would do 5 to 10 of them before he had to have his reward.

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00:34:37,000 --> 00:34:47,000

In general I think animals can sometimes reach people when people can't reach them and that kind of unconditional love and interest in the child is a remark.

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00:34:47,000 --> 00:34:54,000

Don't forget if you're a child with a disability let's say Down syndrome and you're walking in the supermarket. Some people are friendly, some people are not friendly.

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00:34:54,000 --> 00:34:57,000

Just on the basis of how you look that doesn't matter to the dolphins.

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00:34:57,000 --> 00:35:07,000

But the bond between Dean Paul and the dolphins transcended unconditional love. It went even deeper than that, especially with one dolphin named Bee.

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00:35:07,000 --> 00:35:15,000

The experience that Dean Paul had with Bee was incredible to me. They bonded immediately.

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00:35:15,000 --> 00:35:24,000

It got to the point that he couldn't even do therapy with her because she would just take him away and take him out to the middle of the pool and just stay there.

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00:35:24,000 --> 00:35:34,000

Dean Paul's relationship with Bee was almost maternal. They bonded and they just connected. They were like soulmates.

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00:35:34,000 --> 00:35:48,000

Bee then became very ill after we'd moved to Miami and she would only come up to the front of the pool when Dean Paul was there. Then one day she didn't come up to the front of the pool.

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00:35:48,000 --> 00:35:51,000

Two nights later, Cathy was awakened in the middle of the night.

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00:35:51,000 --> 00:36:01,000

Dean Paul had been sound asleep. He set straight up in bed and said, oh my Bee. And climbed out of his bed and raced to the front door calling for Bee.

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00:36:01,000 --> 00:36:14,000

Just oh Bee, Bee. After I took him to school the next morning, I got a phone call that Bee had died in the night and by night and knew then that she had died at that time.

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00:36:14,000 --> 00:36:23,000

While children like Dean Paul are considered disabled, they also seem to have a singular ability to understand and communicate with these silent, gentle sea creatures.

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00:36:23,000 --> 00:36:32,000

Dean Paul attended dolphin assisted therapy weekly for three years and as a result, he now has near normal skills in cognitive and neuromotor areas.

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00:36:32,000 --> 00:36:43,000

I feel that Dean Paul has progressed past the normal mode that we've put kids with Down syndrome in. If you see him out on the playground, you can't tell Dean Paul from any of the other kids.

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00:36:44,000 --> 00:36:52,000

But a natural disaster brought Dean Paul's therapy to an abrupt end when Hurricane Andrew forced the Anderson's to move back to Enid, Oklahoma.

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00:36:52,000 --> 00:37:02,000

Dean Paul hasn't been with dolphins for almost two years now and he cries for them often.

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00:37:02,000 --> 00:37:08,000

The realities of life have severed the loving bond that Dean Paul once shared with his dolphin therapists.

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00:37:08,000 --> 00:37:15,000

The dolphin's unique role in his learning experience has no human counterpart and simply can't be replaced.

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00:37:15,000 --> 00:37:23,000

When we return, Dean Paul will once again swim with the dolphins for the first time in almost two years.

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00:37:23,000 --> 00:37:33,000

When sightings returns, doctors begin to understand the mysterious connection between Dean Paul and

the dolphins that transformed his life.

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00:37:36,000 --> 00:37:42,000

Sightings wanted to know if Dean Paul Anderson's amazing success could be documented scientifically.

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00:37:42,000 --> 00:37:46,000

To that end, we brought together the Anderson's and the Aqua Thought Foundation.

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That's a research organization which studies the effects of dolphin interaction on humans.

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00:37:51,000 --> 00:37:57,000

We sponsored the trip for scientific reasons, but the rewards came straight from the heart.

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00:37:57,000 --> 00:38:05,000

The remarkable progress of Dean Paul Anderson has been studied and analyzed by psychologists and physicians around the world.

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00:38:05,000 --> 00:38:11,000

But unfortunate circumstances have prevented Dean Paul from having any dolphin contact for over two

years.

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00:38:11,000 --> 00:38:18,000

He surrounded himself with his dolphin pictures early on, but then took them all down and I asked,

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00:38:18,000 --> 00:38:23,000

why have you taken your pictures down? He said, I just miss them too much.

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00:38:23,000 --> 00:38:28,000

Sightings arranged for the Anderson's to visit a facility in Cancun, Mexico called Scaret.

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00:38:28,000 --> 00:38:35,000

The dolphins at Scaret are not involved in dolphin-assisted therapy, but do interact with humans on a regular basis.

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Our goal was to try to document any measurable effects when these new, unfamiliar dolphins met Dean Paul.

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00:38:41,000 --> 00:38:51,000

What we're trying to find is some sort of explanation of why there's a perceived healing phenomena

by the humans after interacting with dolphins.

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00:38:51,000 --> 00:38:58,000

David Warner is a neuroscientist at Loma Linda University Medical Center and a researcher with the Aqua Thought Foundation,

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00:38:58,000 --> 00:39:06,000

a non-profit organization which studies the as yet unexplained link between dolphins, healing, and their beneficial effects on the human brain.

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00:39:06,000 --> 00:39:14,000

I would say that Dean Paul's interaction with the dolphins has profoundly altered his course.

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00:39:14,000 --> 00:39:23,000

My personal opinion is that there are several factors involved here. One is just the pure stimulation of being in the water with a large intelligent mammal.

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00:39:23,000 --> 00:39:32,000

To document Dean Paul's encounter with the dolphins in Cancun, Aqua Thought researcher and computer specialist David Cole accompanied our sightings team to Mexico.

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00:39:32,000 --> 00:39:44,000

We take electroencephalographic information from 16 points on the scalp and then it's visualized using the mindset product.

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00:39:44,000 --> 00:39:52,000

And our visualization takes the electrical information and relates it back to a picture of Dean Paul's brain.

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00:39:53,000 --> 00:39:58,000

Before he even sees the dolphins, a detailed recording is made of Dean Paul's brain waves.

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00:39:58,000 --> 00:40:02,000

This information will later be compared to recordings made after his dolphin swim.

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00:40:02,000 --> 00:40:09,000

It's an attempt to quantify what everyone on our team experienced emotionally and Dean Paul began his swim.

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00:40:09,000 --> 00:40:11,000

Why do I think these are Dr. Dolphins?

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00:40:11,000 --> 00:40:19,000

When you have, for instance, a child like Dean Paul in the water with his mother, take a look at the way the dolphins behave,

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00:40:19,000 --> 00:40:25,000

they're genuinely interested in him and I think that they have the potential of sensing his disorder.

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00:40:25,000 --> 00:40:34,000

When studying the literature, one finds a common phenomena reported in that the dolphins, when interacting with children, are gentler.

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00:40:34,000 --> 00:40:38,000

They seem to recognize that this is a more fragile individual.

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00:40:38,000 --> 00:40:46,000

The hypothesis is that the dolphin identifies the difference in the child that is ill and seeks out an interaction with that child

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00:40:46,000 --> 00:40:49,000

for what only the dolphins really know.

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00:40:49,000 --> 00:40:55,000

What we're seeing here is Dean Paul's brain wave activity before he entered the water with the dolphins.

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00:40:55,000 --> 00:41:01,000

The blue and green is demonstrating high-speed brain waves.

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00:41:01,000 --> 00:41:07,000

This relates to a state of consciousness which is not conducive to efficient learning.

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00:41:07,000 --> 00:41:14,000

Mindset is showing us an increased amount of warmer colors in Dean Paul's brain wave activity after swimming with dolphins.

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00:41:14,000 --> 00:41:19,000

This definitely would indicate a more conducive state for healing and learning.

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00:41:19,000 --> 00:41:25,000

Dolphins use a complicated echolocation sonar system to help them maneuver through the water.

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00:41:25,000 --> 00:41:28,000

It's a natural form of radar.

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00:41:28,000 --> 00:41:34,000

Dolphins are able to send out sound waves that travel through the water and bounce off objects in their path.

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00:41:34,000 --> 00:41:38,000

The returning sound waves allow the dolphins to create a mental picture of the object.

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00:41:39,000 --> 00:41:49,000

Remarkably, because the human body is mostly water, a dolphin's echolocator is able to pick up the images of a person's internal organs, their bones and their brain.

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00:41:49,000 --> 00:41:58,000

The dolphin echolocation energy, which can be quite intense, is strong enough to make changes in the body actually at the level of the cells.

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00:41:58,000 --> 00:42:05,000

For some reason, those physiological changes push the organism, in this case the human being, into a state of better health.

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00:42:05,000 --> 00:42:10,000

The universal pleasure that we see in the children that do experience this is quite profound.

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00:42:10,000 --> 00:42:19,000

So even if scientifically we're running up a dead end, behaviorally we're dead on track.

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00:42:19,000 --> 00:42:29,000

If we can prove something definitively that being in the water with a dolphin affects your brain in a way that's potentially beneficial, then we've opened the door to serious research.

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00:42:29,000 --> 00:42:38,000

For now, the proof is in the child. He was never supposed to speak or laugh or play, but Dean Paul does all that now and more.

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00:42:38,000 --> 00:42:43,000

Science may not know why, but the Andersons do. They call it dolphin magic.

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00:42:43,000 --> 00:42:53,000

Kathy Andersen reports that since Dean Paul's return from Cancun, his comprehension and retention skills in school have dramatically increased.

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00:42:53,000 --> 00:42:57,000

Kathy reports it's as if everything just clicked.

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00:43:00,000 --> 00:43:09,000

If you've had a paranormal experience, call the sightings hotline at 190933 site. That's 1909337444.

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00:43:09,000 --> 00:43:18,000

Each call 65 cents a minute, average call last three minutes. Sightings is also online. Our email addresses sightings at aol.com.

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00:43:18,000 --> 00:43:26,000

Until next time, remember, no mystery is closed to an open mind. For Sightings, I'm Tim White.

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00:43:29,000 --> 00:43:34,000

Next on Sci-Fi, The Sentinel.